

Facility Information

NISHI SPORTS CENTER

Pool

Feasible sport Swimming, etc. (25m X 6 course)
Area 1,002.94m² **Water depth** 1.15m ~ 1.25m

Main arena

Feasible sport Volleyball, Badminton, Basketball, Table tennis, etc.
Area 734.12m²

Sub arena

Feasible sport Aerobics, Gymnastics, Ballroom dance, etc.
Area 238.92m²

Training room

Feasible sport Exercise bike, Running machines, Free weights, Various muscle training machine, Stretch, etc.

Meeting room

Feasible sport Conference, Meeting, Dance, Gymnastics, etc.
Area 77.27m²

Time segment

Early morning	A	B	C	D	E	F	Midnight
7:30 ▶ 9:00	9:00 ▶ 11:00	11:00 ▶ 13:00	13:00 ▶ 15:00	15:00 ▶ 17:00	17:00 ▶ 19:00	19:00 ▶ 21:00	21:00 ▶ 23:00

Facility usage fee

Time zone	Pool (1course)	Main arena	Sub arena	Meeting room
Early morning	¥2,250	¥1,500	¥750	¥500
A • B • C	¥3,000	¥2,000	¥1,000	¥700
D	¥3,000	¥1,500	¥1,000	¥700
E	¥3,000	¥2,000	¥1,000	¥700
F	¥3,000	¥2,500	¥1,000	¥700
Midnight	¥3,000	¥2,000	¥1,000	¥700
One day	¥18,000	¥10,000	¥5,000	¥4,000

Because you can lend the broadcasting equipment for a fee in each facility, please inquire.

Personal use

• **Training room**

Time: 7:30 ~ 22:45 (Sundays and public holidays / 20:45).

Fee : [Three hours] 300 yen for the general public.
100 yen for junior high student and younger.

• **Badminton, table tennis (Main arena)**

The date and time : Please refer to a homepage or facilities.

Fee : [Usually] 120 yen for the general public.
30 yen for junior high student and younger.
[Early morning] 90 yen for the general public.
20 yen for junior high student and younger.

• **Pool**

Time : 7:30 ~ 22:45 (Sundays and public holidays / 20:45).

Fee : [One hour] 300 yen for the general public.
100 yen for junior high student and younger.

Organization use

Object institution : Pool·Arena (main sub) and a meeting room.

User : Club activities, a convention, etc. can be reserved in a group.

On a telephone or the Internet, please propose to the following procedure and check it.

1. "Yokohama citizens facility reservation system" organization user registration.
2. It is a lottery application by the end of the month from the 15th of a use beforehand month.
3. It is a use application by receptionist even before utility time.

* Reservation of an empty institution can be reserved from the 11th in the previous month of a use month.

It is a use application by receptionist even before utility time.

The reference about a reservation system

Yokohama citizens facility reservation center. Tel 045-759-3737

Fee : The facilities fee look at the table on the surface.

Class

• **Prior application classroom***

I have you propose it to a sporting event, the making of health, aerobics, a dance, parent and child classroom, a product for children beforehand and am the classroom which can participate at uniformity time.

• **Day application lesson***

Please apply at the reception desk of the direct sports center on the holding day.

* Please contact the facility or home page for more information and sign up for the classroom.

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tel 045-312-5990 fax 045-312-6040

http://www.yspc.or.jp/nishi_sc_ysa/